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| Name: mr. NANDA KUMAR | Reg No: 6-8SMHC17 |
| Age / Sex:60/M | Contact No:9945115673 |
| Marital Status:M | Date:17/8/17 |
| Occupation:RETD.ASSTM] MANAGER BOSCH | Dr. PJFP |
| Address:NATIVE OF BLORE. | DIAGNOSIS- |

1. GASTRITIS SINCE 20 YEARS.

AFTER EATING FOOD FEELS ITS STUCK IN THE CHEST NOT DIGESTED. <BELCHING SOUR ERUCTATIONS, EATING LITTLE ALSO FEELS LIKE THAT.

>DRINKING WATER.

DOESN’T FEEL HUNGER AT ALL. EVEN SINCE CHILDHOOD. JUST EATS ACC TO TIME.

LEFT SIDE ABD PAIN IF EATS HEAVY FOOD.

1. CHOLESTEROL HIGH SINCE 20 YRS: SOM DOC TOLD BECAUSE HIS CONSTIPATION AND NO APP.

DM SINCE 15 YEARS

BP SINCE 25 YEARS: REG CHECKS BP WAS HIGH SO STARTED TO TAKE BP.

1. BACK CATCHS WHEN DOING SOME< CLEANIN, LAUGHING, MORNINGS

>LYING ON BACK.

4. BUTTOCKS PAIN <HARD SURFACE AND LONG SITTING.

HAS SPONDYILITIS WHEN WENT TO PHYSIOTHERAPIST.

1. \ SINCE 2-3 MONTHS. >MASSAGE, HOT APPLICATION

MILK AVERSION.

CRAVES TEA +++

DOESN’T SAY ANYTHING. ONLY WHEN WIFE IS ASKING OR UNBEARABLE THEN WILL SAY..

1. MUCUS FROM MOUTH <COLD, DUST

STARTS WITH WHITE IF PROLONGS THEN YELLOW OR BROWN WIL GET THROAT PAIN.

SNEEZING MUST TAKE MED FR IT TO STOP. FEELS SOMETHIN IS STUCK IN THROAT EVEN IF SWALLOWS WILL NOT REDUCE

ROXIDEN AND GRENIL ALLO RX.

1. CONSTIPATION SINCE CHILDHOOD.

MUST STRAIN TO PASS. NO URGE FR 1 -2 DAYS. NO PAIN.

1. IF LEANS TO SIDES FEEL WILL FALL ON THE SAME SIDE.
2. LEFT LEG IN BETWN LST TOE AND 4TH TOE FUNGAL INFECTION.

ITCHING < PRESSING

FEELS LIKE EARLIER HE USE TO WORK IN FACTORY BUT 25 YEARS BACK PROMOTED AS ASST.MANAGER WHER THE PRESSURE OF WORK WAS MORE.

PAST H/O:

DNS SURGERY 20-25 YEARS BACK.

FURUNCLE ON BACK OFFENSIVE.

FAMILY H/O:

MOM: BP,DM IN OLD AGE. ARTHRITIS. HAD WHITE LEG AS SOON AS PT WAS BORN.

DAD: BP HEART PBM

PERSONAL:

1LT /DAY.

IF DRINKS MORE MUS GO TO URINE SO DRINKS LESS.

CIGARRETTES 40 YEARS .

OCASSIONAL DRINKING

ANGRY, SHOUTS

CHILY PAT.

SWEAT LESS.

SLEEP: 6 HRS

DREAMS:

LESS TALKATIVE FEELS MAY B WRNG TO OTHERS OR BAD TO OPP PERSON.

NEGETIVE THINKING – MUST GO SOMEWHRE MAY NOT LISTEN WHT I SAY MAY NOT BE THER. POSITIVE THINKING IS LESS.

MUSIC LIKES.

LIKES TO COVER IN SLEEP.

RX:

1. LYCO 200 – 3 DOSES – 5 DAYS ONCE.
2. CALC PHOS 12 X – 4-4-4-4
3. THUJA 200 – 2 DOSES – WWEKLY. B/BRUSH WATER.